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With many years of experience in Parisian palaces,
Chef Nicolas Dutertre introduces you to the Café
Gourmand. A dessert concept that allows your customers
to discover the full range of flavours of your dessert menu
while offering you flexibility.



# CAFÉ GOURMAND

Another way to end your meal - with a sweet touch and the chance to taste several desserts. The café gourmand is the guilt free dessert option. A café gourmand is generally a coffee, often an espresso accompanied by three mini desserts.

The café gourmand appeared in Paris a decade ago. It offers the opportunity to taste different desserts in small portions. It also helps to balance the bitterness of the coffee with a sweet touch. Highlight your dessert menu and surprise your customers with your café gourmand menu.

- // Let your customers discover your dessert menu with the café gourmand assortment of mini desserts.
- // No extra cost Easy and quick to serve; prepare mini versions of your desserts during your preparation.
- // A non-guilty pleasure! Small portions give the opportunity to eat several different desserts without feeling guilty.



# **CHOCOLATE ACADEMY™**

Discover the know-how of our Chefs and our Ambassadors by registering for a course at the Chocolate Academy $^{\text{m}}$  Montreal.

Find our recipes, tips and tricks as well as online demonstrations on our website:

www.cacao-barry.com



## HAZELNUT SABLÉ

50 servings of approx. 20 g

## **HAZELNUT SABLÉ**

Cream	120 g	Butter
	75 g	Sugar
Gradually add in	30 g	Eggs
	185 g	Flour
Add and mix	35 g	Hazelnut powder
	0.5 g	Salt

Place the dough in the refrigerator for 1 hour.

Roll out to 4 mm.

Cut the dough using a cookie cutter.

Place on a baking sheet.

Bake at 160°C until the cookie are golden brown.

#### **GIANDUJA GANACHE**

Dring to a boil	20 g	Sugar
Bring to a boil	20 g	Water
Add and bring	175 g	Cream 35%
back to a boil	30 g	Glucose
Pour over	75 g	Haïti 65% Origin dark chocolate couverture
	185 g	Hazulnut Gianduja
Gradually add	25 g	Grape seed oil

Refrigerate 24 hours.

Pipe 8 g on the cookie and place another cookie on top.

**Tips:** Let the ganache warm to room temperature before piping. The pâte sablée can be made in advance and stored in the freezer until ready to use.

# ORANGE BLOSSOM FINANCIER

50 servings of approx. 20 g

#### **ORANGE BLOSSOM FINANCIER**

	300 g	Powdered sugar
	115 g	Flour
Sift	110 g	Almond powder
	4 g	Baking powder
	2.5 g	Salt
Make brown outter with	165 g	Butter
Add the egg whites to the powders and mix.	275 g	Egg whites

Add the brown butter.

Add and mix	80 g	Orange blossom
Add and mix	30 g	Honey

Let the preparation rest in the refrigerator 24 hours before baking.

Bake at 180°C for 8-10 minutes.

## ZÉPHYR™ WHITE CHOCOLATE CHANTILLY

100 g	Cream 35%
10 g	Invert sugar
10 g	Glucose
1/2	Vanilla bean
65 g	Zéphyr™ 34% white chocolate
s and mix.	
150 g	Cream 35%
	10 g 10 g 1/2 65 g

Let chill in the refrigerator for 24 hours. Whip before use.

## CREAM BRÛLÉE

50 servings of approx. 25 g

#### **CREAM BRÛLÉE**

Heat	850 g	Milk
Mix and add	51 g	Sugar
MIX and add	1.7 g	Pectin X58
Bring to a boil.		
Add and mix	100 g	Fresh egg yolks
Pour over	220 g	Alto El Sol Plantation 65% dark chocolate couverture

Let melt for 2 minutes and mix.

Pour 25 g of the preparation in ramekins and refrigerate for at least 4 hours.

Before serving, sprinkle a mix of sugar/brown sugar and caramelize with a torch.

**Tips:** Once cooled, you can freeze the Cream brûlées and take out the needed amount a few hours before serving.

#### **COCONUT ROCHER**

50 servings of approx. 10 g

#### **COCONUT ROCHER**

	150 g	Eggs
Mix all the	160 g	Sugar
ingredients	225 g	Grated coconut
	12 g	Invert sugar
	5 g	Honey
	5 g	Honey

Heat over a double boiler until the preparation thickens.

Mould and bake at 165°C until golden.

Let cool.

Dip in chocolate.

#### **HAZELNUT COOKIE**

50 servings of approx. 15 g

#### **HAZELNUT COOKIE**

Melt to 45°C	80 g	Butter
	30 g	Ghana 40% Origin milk chocolate couverture
Whip	165 g	Brown sugar
	70 g	Eggs
Add in the	275 g	Hazelnut powder
chocolate and then the sifted powders.	40 g	Flour

Pour in mould and bake at 180°C.

#### **PRALINE CREAM**

Soften the butter with the salt.	150 g	Butter
	1 g	Salt
Mix	230 g	Cream pâtissière
	95 g	Hazelnut Praliné 50%
	25 g	Hazelnut Paste

Whip and pipe a rosette on the hazelnut cookie.

# Noisetier merveille Gellectent Baumann et

#### **SWEET SANDWICH**

50 servings of approx. 50 g

#### **CHOCOLATE & COCONUT BISCUIT**

	60 g	Extra Brute cocoa powder
Sift the powders	220 g	Flour
	8 g	Baking powder
Whip the eggs with the sugar	150 g	Eggs
	400 g	Sugar
Slowly add in the oil	170 g	Vegetable oil
Add the powders,	120 g	Cream 35%
the cream and the milk	260 g	Milk 3,25 %

Bake at 170°C.

#### **PASSION-BANANA CONFIT**

Mix	10 g	Pectin NH
	20 g	Sugar
Heat to 45°C	225 g	Passion fruit puree
	150 g	Banana puree
	150 g	Sugar

Bring to a roaring boil.

Add 30 g Lime juice

Let cool.

### ALUNGA™ MILK CHOCOLATE CHANTILLY

	115 g	Cream 35%
Boil	8 g	Corn syrup
	8 g	Honey
Pour over	200 g	Alunga™ 41% milk chocolate couverture
Let rest for 2 minute	s and ther	n emulsify.

Slowly mix in **350 g** Cream 35%

Set aside in the refrigerator for 12 hours.

Whip before use.

Assembly: Spread the confit on the biscuit. Cut the biscuit in half. Spread the Chantilly on one half and close the sandwich with the other biscuit. Freeze. Cut strips 7 x 40 cm, then cut into 7 cm squares. Cut the squares into triangles and decorate with a chocolate triangle.





#### **CHEESECAKE**

Makes 8 cheesecakes 120 g, 20 g slices

#### CHOCOLATE PÂTE SABLÉE

Cream	120 g	Butter
	60 g	Sugar
Add and mix	50 g	Eggs
Add powder and mix	20 g	Extra Brute cocoa powder
	20 g	Almond powder
	200 g	Flour
	4 g	Baking powder

Set aside in the refrigerator for 1 hour.

Roll out thinly and bake in the oven at 170°C until cooked.

Let chill and then brake into pieces.

#### CHEESECAKE CRUMB

In a stand mixer, mix 300 g of pate sablee to break up into fine pieces.

A -1 -1	60 g	Sugar	
Add	100 g	Clarified butter	

Form the base of the cheesecake in 8 cm cercles and bake in the oven for 10 minutes.

#### CHEESECAKE

Melt to 45°C	50 g	Ocoa™ 70% dark chocolate couverture
Cream the cream	225 g	Cream cheese
cheese with the sugar until smooth and soft	75 g	Sugar
Add and mix	60 g	Cream 35%
	20 g	Egg yolks
	70 g	Eggs
Add the flour and then the chocolate	10 g	Flour

Pipe the cream cheese mix in the 8 cm cercles over the baked crumb crust.

Bake at  $100^{\circ}$ C, for about 20 minutes until the texture resembles a creme brulee.

Let cool and cut into slices.

## CHOCOLATE PAIN DE GÊNES

50 servings of approx. 20 g

#### **RASPBERRY CONFIT**

Mix	15 g	Pectin NH
IVIIX	40 g	Sugar
	500 g	Raspberry puree
Mix away from heat	85 g	Glucose
neac	100 g	Sugar
Heat to 45°C and th	en add th	e pectin mix.
Bring to a roaring bo	oil.	
Add	45 g	Lemon juice
11.6		

Let cool before using.

#### **CHOCOLATE PAIN DE GENES**

In a robot-coupe	150 g	Almond paste
mix	180 g	Eggs

Transfer the mix to a stand mixer and beat until a ribbon forms.

Melt to 45°C	90 g	Haïti 65% Origin dark chocolate couverture
	55 g	Butter
Gently incorporate	25 g	Flour
the sifted powders to the egg and almond mix.	4 g	Baking powder

Then add the chocolate and butter. Mix.

Place in 20 g moulds and bake at 180°C.

## **ALUNGA™ CHANTILLY**

Whip before use.

	60 g	Cream 35%
Bring to a boil	2 g	Glucose
	2 g	Invert sugar
Pour over	40 g	Alunga™ 41% milk chocolate couverture
Let rest for 2 minut	es and ther	n emulsify.
Slowly mix in	175 g	Cream 35%
Set aside in the refr	igerator fo	r 12 hours.

# MACARON CHOCOLATE & COCONUT

Approx. 120 macarons

#### **MACARONS SHELL**

N.4:	500 g	Almond powders
IVIIX	500 g	Powdered sugar
	185 g	Egg whites
Mix until homogeno	us.	
11 11 110°C	500 g	Sugar
Heat to 119°C	125 g	Water
	185 g	Egg whites
Whip	Q.S.	Dehydrated egg whites
	Mix the powders with Mix until homogeno Heat to 119°C	Mix the powders with 185 g  Mix until homogenous. 500 g  Heat to 119°C 500 g  125 g  Whip

Pour the cooked sugar over the meringue.

Once the meringue has cooled to 45°C, incorporate half the powders.

Add the second half of the powders and mix until the preparation in shiny and fall to a ribbon.

Pipe the macaroons on a baking sheet with a #10 tip.

#### **COCONUT GANACHE**

Heat	300 g	Coconut milk
Pour over	250 g	Ghana 40% Origin milk chocolate couverture
	40 g	Cocoa butter
Add	30 g	Roasted shredded coconut
	0.5 g	Salt

After 2 minutes, mix until smooth.

**Tips:** The macaron shells can be made ahead of time and kept in the freezer. Take the ganache out of the refrigerator a few hours before use for an easily pipeable consistency. The macarons can also be assembled completely and kept in the freezer. Thaw the needed quantity overnight.

# MINI-TABLETTE « PETIT ÉCOLIER »

60 servings of approx. 10 g

#### PÂTE SABLÉE

C	120 g	Flour
Cream	80 g	Butter
	50 g	Sugar
Add	25 g	Almond powder
	1	Pinch of salt
Then add	20 g	Eggs

Mix to a smooth textured dough.

Let rest in the fridge.

Roll out to 3 mm.

Let rest in the fridge before baking.

Bake at 160°C for about 12 minutes, or until golden.

**Tips:** Mould the mini chocolate tablets and glue to the pâte sablée using drop of chocolate.

# DARK, MILK OR WHITE CHOCOLATE TABLET

Melt to 45°C	300 g	Chocolate
Let cool to 34°C and then add	3 g	Mycryo <sup>®</sup> cocoα butter

Mix until the cocoa butter is dissolved.

Mould the chocolate using a mini tablet mould and let crystallize before unmoulding.

## FINANCIER CHOCOLAT OCOA

50 servings of approx. 20 g

#### **CHOCOLATE FINANCIER**

butter with	
Make brown butter with 200 g	Butter
130 g	Almond powder
Sift 80 g	Flour
260 g	Powdered sugar

Let rest for 2 minutes and mix.

Let the chocolate mixture cool to 45°C.

Add the egg whites to the powders and mix.	230 g	Egg whites
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Incorporate the chocolate to the mix.

Let the preparation rest in the refrigerator 24 hours before baking.

Fill the desired shape moulds and sprinkle with baked chocolate streusel.

Bake at 180°C for 8-10 minutes.

#### **CHOCOLATE STREUSEL**

Cream	125 g	Butter
Cream	125 g	Brown sugar
	100 g	Flour
Sift	25 g	Starch
	25 g	Extra brute cocoa powder
	80 g	Hazelnut powder
	5 g	Salt

Once the butter and sugar are well blended, add the dry ingredients.

Mix without over kneading and set aside in the refrigerator.

Grate the dough into small pieces.

Bake at 160°C for about 15 minutes.

# ZÉPHYR™ WHITE CHOCOLATE & STRAWBERRY PANA COTTA

60 servings of approx. 30 g

#### STRAWBERRY JELLY

Remove stem and place in a bowl	500 g	Strawberries
Add	50 g	Sugar

Place plastic wrap on the bowl and place over a double boiler so that the strawberries release their juices. Sieve through a chinois.

For 500 g of juice,	3 q	Rehydrated
add	<i>-</i> 7 9	gelatin sheets

Pour 10 g of jelly in verrines and let set in the fridge.

**Tips:** For a different look, try tilting your glasses or verrines, making sure that they are well supported and let them set in the fridge to create a nice diagonal line.

#### **SHORTBREAD**

In a stand mixer, soften	470 g	Butter
Sift and add	500 g	Flour
	220 g	Powdered sugar
	5 g	Salt

Refrigerate at least 2 hours and roll out to 3 mm thick.

Freeze the dough.

Cut strips 7 cm long by 1 cm wide.

Bake the shortbread at 160°C until golden.

## ZÉPHYR™ WHITE CHOCOLATE PANNA COTTA

Infuse 15 minutes	355 g	Milk
Infuse 15 minutes	2	Vanilla beans
Bring to a boil	500 g	Zéphyr™ 34% white chocolate
and pour the infusion over	4 g	Rehydrated gelatin sheets
Add and mix	475 g	Cream 35%

Refrigerate at least 24 hours.

Mix the panna cotta before using.

Pour 20 g in a verrines and let set in the fridge for at least 4 hours.

Place a strawberry brunoise mixed with some jelly on the panna cotta and decorate with cornflowers and the shortbread.

**Tips:** The panna cotta can be stored in the freezer. Pull out the necessary quantity a few hours before service to thaw.





## **CHOCOLATE TARTELETTE**

#### PÂTE SABLÉE

6	120 g	Flour
Cream	80 g	Butter
Add	50 g	Sugar
	25 g	Almond powder
	1	Pinch of salt
Then add	20 g	Eggs

Mix to a smooth textured dough.

Let rest in the fridge.

Roll out to 2 mm.

Place dough in small rings.

Let rest in the fridge before baking.

Bake at 160°C for about 12 minutes, or until golden.

#### DARK CHOCOLATE ICING

Pour over	125 g	Extra-Bitter Guayaquil 64% dark chocolate couverture
and the condensed milk	100 g	Condensed milk
Add the gelatin	10 g	Gelatin sheets
	150 g	Glucose
Boil	150 g	Sugar
	75 g	Water

Let stand for 2 minutes and mix.

Use between 29°C and 32°C

#### MILK CHOCOLATE GANACHE

D: I I	200 g	Cream 35%
Bring to a boil	20 g	Honey
Pour over	215 g	Alunga™ 41 % milk chocolate couverture

Let melt for 2 minutes and emulsify with an immersion blender.

When the ganache is at 40-45°C, add 70 g of butter

Refrigerate the ganache.

Pipe the ganache in the tartelettes and finish with the dark chocolate icing.

# **GANACHE QUENELLE**

## PÂTE SABLÉE

	120 g	Flour
Cream	80 g	Butter
Add	50 g	Sugar
	25 g	Almond powder
	1	Pinch of salt
Then add	20 g	Eggs
Mix to a smooth tex	tured dou	gh.
Let rest in the fridge		

Roll out to 2 mm.

Let rest in the fridge before baking.

Cut the sablee with a cookie cutter.

Bake at 160°C for about 12 minutes, or until golden.

#### CHOCOLATE CREMEUX

	II	150 g	Milk 3,25 %
	Heat	150 g	Cream 35%
	Mix	60 g	Egg yolks
		20 g	Sugar
	Pour the hot cream sugar. Mix.	over the e	gg yolks and the
	Cook to 85°C like an	anglaise.	
Add the rehydrated gelatin <b>1 g</b> Gelatin sheet		Gelatin sheet	
	Verser la	75 g	Inaya™ 65% dark chocolate couverture
	préparation sur	45 g	Alunga™ 41 % milk chocolate

Mix well. Refrigerate for 12 hours before using. Make a quenelle and place on the pate sable before serving.

couverture

**Tips:** The cremeux can be stored in the refrigerator for 4 days.

## **CHURROS &** CHOCOLATE SAUCE

### **CHURROS DOUGH**

Sift	100 g	Flour
	2.5 g	Vanilla powder
Bring to a boil	50 g	Butter
	165 g	Milk 3.25%
	2.5 g	Salt
	2.5 g	Sugar

Make a choux dough by adding the flour and cooling in a stand mixer with the paddle attachment.

Add the room		
temperature eggs	90 g	Eggs
one by one		

Pipe the dough in grape seed oil at 180°C.

Once cooked, remove from oil and roll the churros in sugar.

**Tips:** This dough is best if made and served the same day. Fry the churros just before serving.

#### **CHOCOLATE SAUCE**

200 g	Cream
100 g	Milk
50 g	Glucose
300 g	Dark, milk or white chocolate
	100 g 50 g

Emulsify. Keep in the refrigerator. Use at room temperature between 35°C and 40°C.

Tips: The sauce can be frozen.

#### **MOELLEUX**

50 servings of approx. 25 g

#### **MOELLEUX**

Serve immediately.

Melt to 45°C	250 g	Inaya™ 65% dark chocolate couverture
	225 g	Butter
Au batteur monter	375 g	Eggs
(pas trop montés)	260 g	Sugar
Add the chocolate.		
Then add	100 g	Flour
Let the preparation refrigerator before b		hours in the
Pour 25 g in buttere	d and sug	ared ramekins.
Bake in the oven at	190°C for	about 5 minutes.

**Tips:** You can prepare a large amount in advance, pour in ramekins and freeze. Take the needed amount of desserts out of the freezer 24 hours before cooking.

For service, pre-cook the moelleux for 8 minutes and put in the microwave for 10 seconds before sending out.

## PISTACHIO FINANCIER

50 servings of approx. 20 g

#### PISTACHIO FINANCIER

	300 g	Powdered sugar
	115 g	Flour
Sift	110 g	Almond powder
	4 g	Baking powder
	2,5 g	Salt
Make brown outter with	165 g	Butter
add the egg whites to the bowders and mix.	275 g	Egg whites

Add and mix	80 g	Pistachio paste
Add and mix	30 g	Honey

Let the preparation rest in the refrigerator 24 hours before baking.

Bake at  $180^{\circ}\text{C}$  for 8-10 minutes.

#### **PISTACHIO BUTTER CREAM**

Cook to 121°C	125 g	Sugar
Pour over the eggs and whip	60 g	Eggs
Add the butter	250 g	Butter
Emulsify.		
Then add	Q.S.	Pistachio paste

# CREAM FILLED ROLLED TUILES

50 servings of approx. 15 g

#### **TUILE DOUGH**

Melt the butter	70 g	Clarified Butter
	380 g	Powdered sugar
Mix	60 g	Flour
	60 g	Egg whites
Add the clarified butter.		
Let rest at room temperature before using.		
Preheat the oven at 180°C.		
Spread the dough on a Silpat and bake for 5 minutes until golden on the edges.		
Once out of the oven roll immediately.		

# CHOCOLATE & HAZELNUT CREMEUX

Heat	200 g	Milk
neat	35 g	Glucose
Pour over the	50 g	Egg yolks
yolks and cook	25 g	Sugar
Pour over	166 g	Mexique 66% dark Origin couverture chocolate
	20 g	Hazulnut praline
	16 g	Cocoa Butter
At 35°C, add	8 q	Butter

Let chill and pipe in the rolled tuiles.

**Tips:** The tuiles can be baked ahead of time and stored in a air tight container. Fill with cremeux when ready to serve to insure the tuiles stays crunchy.







#### PETITS CHOUX

Make 70 to 150 small filled choux

#### PATE A CHOUX

Sift	140 g	Flour
	125 g	Milk
	125 g	Water
Boil	5 g	Salt
	5 g	Sugar
	112 g	Butter

Add the flour and dry out over the heat.

Let cool in the stand mixer using the leaf attachment.

Add the room		
teperature eggs	250 g	Eggs
one by one		

Preheat the oven to 250°C.

Pipe the choux with a #5 tip and place a disk of crunch over top.

Place the choux in the oven and turn off the oven immediately.

After 15 minutes turn the oven back on to 170°C and let bake until ready.

Tips: Choux can be made in advance and stored in the freezer.

#### CHOUX CRUNCH

	150 g	Butter
Mix	185 g	Brown sugar
	185 g	Flour

Refrigerate for at least 1 hour.

Roll out to 2 mm between two baking sheets.

Cut out disks of the same size as the choux.

Keep in the freezer until ready to bake.

**Tips:** Choux can be frozen before they are baked. Pull out the need amount each day for freshly baked choux.

#### **CHOCOLATE CREMEUX**

	300 g	Milk 3,25 %
неат	Heat 300 g	Cream 35%
Min	120 g	Egg yolks
Mix	45 g	Sugar

Pour the hot cream over the egg yolks and mix.

Place back over the heat and cook to 85°C like a creme anglaise.

Add the rehydrated gelatin	1.5 g	Gelatin sheet
Verser la préparation sur	150 g	Inaya™ 65% dark chocolate couverture
	90 g	Alunga™ 41 % milk chocolate couverture

Mix and refrigerate for 12 hours.

Pipe 15 g of cremeux per choux and sprinkle with powdered sugar.

**Tips:** The cremeux can be kept in the refrigerator for 4 days.

# CAFÉ GOURMAND N°7

## **CHOCOLATE MERINGUE** WITH CARAMEL & ALUNGA™ CHANTILLY

50 servings of approx. 20 g

#### **CHOCOLATE MERINGUE**

incorporate the sifted powders.	20 g	Extra Brute cocoa powder
Delicately	100 g	Powdered sugar
willp	100 g	Sugar
Whip	150 g	Egg whites

Pipe the meringues on the reverse side of  $\boldsymbol{\alpha}$ half-sphere silicone mould to create a cavity for the fillings.

Dry in the oven over night at 90°C.

**Tips:** Dip your meringues in chocolate and roasted hazelnuts for more crunch. Vary the flavours by changing the fillings.

#### **CARAMEL**

Cook to	120 g	Sugar
a caramel	50 g	Glucose
	40 g	Cream
Doglaza with	120 g	Passion fruit puree
Deglaze with	40 g	Coconut puree
	40 g	Mango puree
Heat to 105°C.		
Let cool to 40°C and add	80 g	Butter
Mix.		D 7

#### CHANTILLY ALUNGA™

	60 g	<b>60 g</b> Cream 35 %	
Boil	2 g	Glucose	
	2 g	Invert sugar	
Pour over	40 g	Alunga™ 41 % milk chocolate couverture	
Let melt for 2 min	utes and em	ulsify.	
Slowly add in and mix	175 g	Cream 35%	
Set aside in refrige	erator for 12	hours.	
Whip before use.			

Tips: Pipe rosette of chantilly ahead of time and freeze.

Assembly: Fill the meringues with caramel and top with a chantilly rosette.

## **CHOCOLATE PÂTE** SABLÉE BRETON

50 servings of approx. 15 q

### PÂTE SABLÉE BRETON

	140 g	Flour
Sift the powders	30 g	Extra Brute Cocoa powder
'	- 3	Salt
	9 g	Baking powder
Whip the egg yolks	60 g	Egg yolks
with the sugar.	120 g	Sugar
Add in the soft butter	135 g	Butter
6 1 11 1		

Gradually incorporate the powders and knead the dough.

Refrigerate before use.

Roll out the dough to 3 mm, cut the dough to desired size discs.

Bake in buttered and sugared rings at 160°C.

#### MILK CHOCOLATE GANACHE

Bring to a boil	200 g	Cream 35%
	20 g	Honey
Pour over	215 g	Alunga™ 41 % milk chocolate couverture

immersion blender

in increasion biender	•		
When the			
ganache is at	70 g	Butter	
40-45°C, add			

Refrigerate the ganache.





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NISH		

